

## Analytical Method Development and Validation for Pre-Clinical Analysis

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### Abstract:

Pre-clinical phase is a laboratory test of a new drug on animal subjects, conducted together evidence justifying a clinical trial. For those drugs which are in clinical phase, method development requires various pre-clinical bioanalytical support parameters. Bioanalytical support plays a pivotal role in answering a series of questions concerning the toxicity, pharmacokinetic (PK) parameters, safety assessment, formulation optimization. Once method development process was initiated one should know the different techniques of sampling, handling, sample preparation methods that are suitable and problems in it. After sample preparation, suitable analytical techniques have to be selected for method development. The developed method now have to be validated, for this, Initially "Analytical Instrument Qualification" has to be performed which includes four main phases- Design qualification, Installation qualification, Operational qualification, Performance qualification. Method is said to be validated when all considered validation parameters like linearity, specificity, selectivity etc are within the limits. Thus the method is developed and validated for a drug in preclinical phase using analytical technique of suitable sensitivity and selectivity

**Keywords:** *Pre-clinical phase, analysis, method development*

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### Introduction:

Pre clinical development represents critical stages in the progression from discovery to marketed pharmaceuticals drug candidates. Timely bioanalytical support is essential to improve the success rate of drug candidate. Preclinical phase<sup>1</sup> – A laboratory test of a new drug or a new invasive medical device on animal subjects; conducted to gather evidence justifying a clinical trial. Bioanalytical support of preclinical development phase presents some unique challenges. A series of questions concerning the toxicity, pharmacokinetic (PK) parameters, safety assessment, formulation optimization, and so on need to be answered. Bioanalytical support plays a pivotal role in answering these questions. Timely bioanalytical support is essential to improve the success rate of drug candidates moving along the preclinical development pipeline and allows decisions to be made early to modify/improve the drug candidates or terminate the program.<sup>1</sup>

The four unique characteristics of bio analytical support are GLP requirements, Good metabolic selectivity coverage, quick time for method

development, validation & sample analysis, Stream lining of the process at various stages of bio- analytical support.<sup>2</sup>[Refer Table1]

**Regulatory requirement :** FDA guidance on BMV provide a general guideline on parameters including methods specificity/selectivity, sensitivity, linearity, accuracy, precision, stability, matrix effects, carry over & contamination.

**Batch Failure Rate:** Batch failure rate has been particularly useful to assist the method ruggedness or reliability. Excluding execution errors good bioanalytical method should achieve at least 80% passing.

**Metabolic Selectivity:** Metabolic stability, adjusting the pH, the addition of enzymatic inhibitors are needed to stabilize the both parent compound & its metabolite.

**Method Development Strategy:** BAM typically consists of three important inter related parts- Sample preparation, Chromatography, MS Detection.

**Analyte Adsorption Issue:** Loss of analyte during the collection of incurred samples preparation of QCs storage and analysis due to adsorption to the container should be taken

**Method Automation Strategy :** Automation results in greater performance consisting over time and in more reliable methods Matrix Effects And Recovery, Effect Of Dosing Vehicle, Trouble Shooting Strategy.

**Method specificity:** [Refer table 2] It is based on the ability of these anti-bodies to specifically interact with the drug molecule or opposed to interact with non-drug (cross reactant) molecules. Antibody specificity is generally evaluated by determining cross reactivity of antibody with non-drug molecules including drug metabolites. And structurally related drug. To evaluate anti-body specificity dose response curves are generated. An anti-body with 20% cross activity with a potential contamination may be acceptable.

**Method Selectivity:** During method development atleast 10 individual samples from 10 normal animals or subjects, are assayed unspiked and spiked with the drug at a concentration near the lower end of calibration curve [Table2]. Acceptable recovery of drug in atleast 80% of the samples is considered and indicated that the method is selective.<sup>3</sup>

**Minimal Required Dilution Of Sample:** It is the dilution at which matrix interference is minimized to an acceptable level. The reported concentration of analyte is the product of the measured concentration multiplied by the dilution factor. Method with smallest value (MRD) has acceptable interference and sensitivity for the intended use would be ideal. [Refer table 2]

**Table 1 -Bioanalytical support for discovery, pre-clinical and clinical studies<sup>4,5</sup>**

|                                 | <i>Discovery</i>  | <i>Pre clinical</i>  | <i>clinical</i>   |
|---------------------------------|---|--|---|
| <b>Regulatory requirement</b>   | Non-GLP   | GLP  | Although GLPs only apply to pre clinical studies, clinical falls under the guidance and by practice the same standards as the GLPs. |
| <b>LC-MS/MS method</b>          | Generic   | Tuned to compound requires extensive method development  | Tuned to compound requires extensive method development but could leverage preclinical methods.                                     |
| <b>Validation</b>               | Minimal   | Extensive validation to multiple matrices in multiple species  | Extensive validation but limited to human samples. Specificity tests to co-administered compounds.                                  |
| <b>Validation strategy</b>      | Abbreviated method validation, minimal stability test.  | Full validation for one species and partial validation for other species including incurred sample reproducibility has large curve range that may be problematic due to carry over or ionization saturation. | Full validation including incurred sample analysis very sensitive method may be needed for high potency candidate.                  |
| <b>Sample analysis</b>          | Small sets of samples per compound but hundreds or thousands of compounds.  | Moderate numbers of samples for dozens of compounds.   | Large numbers of samples for very few compounds.  |
| <b>Sample analysis strategy</b> | Streamline process from sample collection to data generation. Use of generic methods also allows easier setup for automation. | Due to relatively small sets of samples and various methods tuned for each compound, automation is feasible but may not be feasible for some methods due to limited sample volumes.                          | Quick turnaround time for sample analysis (automated sample preparation, multiplexing, HPLC) to allow data to be released.          |

**Analyte Stability In Biological Matrix<sup>6</sup>:**

Proteolytic enzyme compositions have a distinct effect on the stability of the drug in biological matrix. It has been our experience that an analyte may be stable in rabbit or monkey serum may vary well and be highly unstable in rat or mouse serum. Therefore, in such cases it may be necessary to collect the study samples in the presence of a cocktail of proteolytic enzyme inhibitors and/or keep the samples on ice during analysis. To support preclinical studies an analyte specific LBA must be validated to confirm GLP regulations. LBA has 3 phase lifecycles. [Refer table2]

**PRE-CLINICAL ANALYTICAL METHOD DEVELOPMENT**

**Back Ground:** Analytical methodology is an essential element of drug development from the initial synthesis, manufacture through clinical trials and post marketing monitoring. In new drug applications (NDAs), abbreviated NDA

(ANDAs), biologics license applications (BLAs) or product license applications (PLAs)-Data must be submitted to establish that procedures meet proper FDA is GLP and ICH guidelines of accuracy and reliability and information on method validation. For successful conduct of preclinical safety and efficacy-Selective and Sensitive Validated Analytical Methods For Quantitative Evaluation Of Drug<sup>7,8</sup>

Active pharmaceutical ingredient manufacturing, control, stability, shelf-life, forecast

- Synthetic contaminants, degradation products- manufacturing, stability, shelflife forecast,
- Pharmaceutical excipients
- Drug and metabolites in biological fluids and tissues

**Table 1 Summary of method validation assessment parameters over the method life cycle<sup>9</sup>**

| <i>Performance parameters</i>              | <i>development</i>      | <i>Pre study validation</i>                                  | <i>In study validation</i>                                       |
|--|-------------------------|--|--|
| <b>Critical reagents</b>                   | Identity and procure    | Apply  | Apply  |
| <b>Assay format/batch size</b>             | Establish               | Apply  | Apply  |
| <b>Matrix of calibrators and controls</b>  | Establish               | Confirm  | Apply  |
| <b>Minimal required dilution</b>           | Establish               | Confirm  | Apply  |
| <b>Analytes stability</b>                  | Initiate                | Establish  | Ongoing assessment   |
| <b>Specificity</b>                         | Establish               | Apply  | Apply  |
| <b>Selectivity</b>                         | Evaluate                | Confirm  | Apply  |
| <b>Calibration curve fitting algorithm</b> | Establish               | Confirm  | Apply  |
| <b>LLOQ &amp; ULOQ</b>                     | Evaluate                | Establish  | Apply  |
| <b>Precision &amp; accuracy</b>            | Evaluate(CV& RE)        | establish(CV& RE)  | Apply  |
| <b>Run acceptance QC(low,medium,high)</b>  | evaluate                | establish  | Apply  |
| <b>Dilution linearity</b>                  | establish               | confirm  | Apply-confirm if extended  |
| <b>Batch size</b>                          | evaluate                | establish  | Apply-confirm if extended  |
| <b>Robustness/ruggedness</b>               | evaluate                | establish  | Monitor  |
| <b>Parallelism</b>                         | evaluate where possible | evaluate where possible                                      | Establish with incurred samples.                                 |
| <b>Run acceptance criteria</b>             | N/A                     | runs accepted based on calibration curve acceptance criteria | Runs accepted based on acceptable calibration curve & QC samples |

**Analytical Method Development**

**a) Sampling & Handling**<sup>10</sup>: It is one of the most important factors in a high quality analysis. Since the three basic activities involved in solving an analytical problem.

1. Collection and handling of appropriate sample
2. Preparation of sample for analysis
3. Analysis using an appropriate method

**Key points Of Sampling**

- ❖ Laboratory shall have a sampling plan and procedures for sampling
- ❖ Plans shall be reasonable, be based on appropriate statistical methods.
- ❖ Sampling procedure shall describe the selection, sampling plan, withdrawal and preparation of sample
- ❖ Recording relevant data and operations relating to sampling

**b) Sample Preparation**<sup>11</sup>: Sample preparation is very important first and often critical step in the analytical method, especially when biological samples are involved. Typically it's the most difficult and time consuming step.

**Purpose**<sup>12</sup>: To isolate analytes of interest from interfering sample components, concentrate the analytes, and dissolve them in a suitable solvent for subsequent separation and detection.

**Sample Problems:**

- Lack of compatibility with the chromatographic system
- Being too dirty
- Being too dilute.

**Analytical Techniques For Method Development**

1) NonSeparation Methods<sup>13</sup>: Absorption and emission spectroscopy, isotope assays, isotope dilution assays (IDA), neutron activation analysis (NAA)

2) Separation Methods<sup>14</sup>: Chromatography-TLC, GC, HPLC, CE; Chiral methods. Factors considered are shown in table 4

**Analytical Method Validation For Pre-Clinical Analysis****Installation, Operation, Performance Qualification & Maintenance Of Instrumentation**<sup>15</sup>

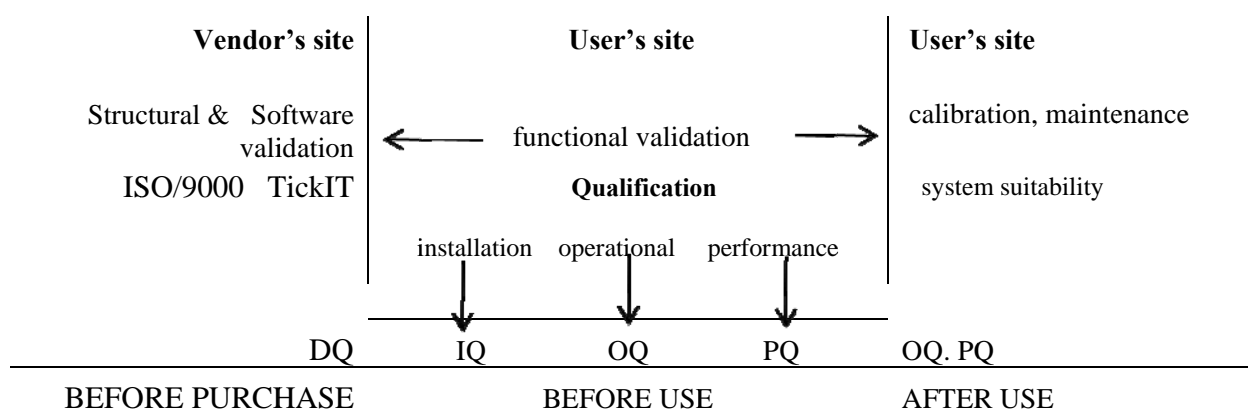
The method after successfully developed its time for the Process to be validated. For successful method validation a qualified instrument is required. Hence phases "ANALYTICAL INSTRUMENT QUALIFICATION (AIQ)" will be used instead of "ANALYTICAL INSTRUMENT VALIDATION."

**Table 3 -Relative Comparison Of Commonly Used Sample Preparation Methods**

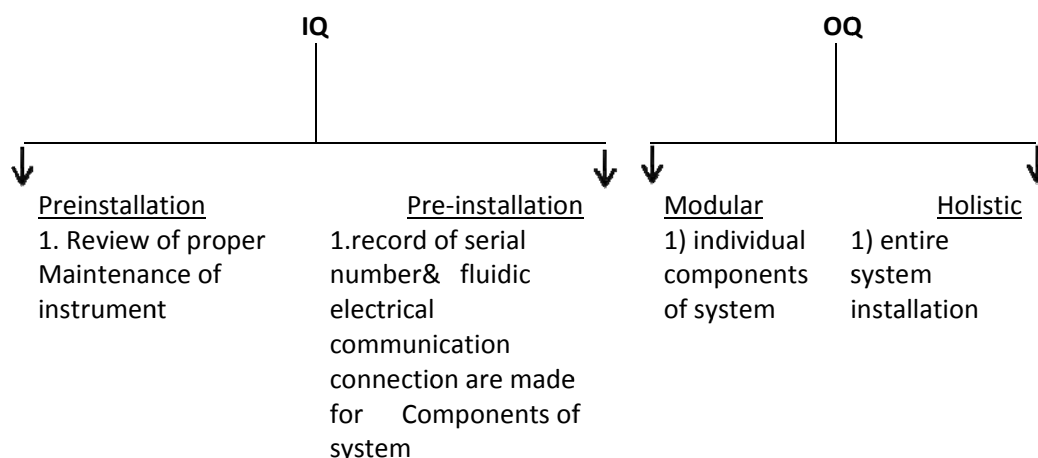
| Factor                                 | Direct Injection | Filtration | Precipitation | LLE   | SPE   |
|--|------------------|------------|---------------|-------|-------|
| <b>Simplicity</b>                      | ++++             | +++++      | +++++         | +++   | +++   |
| <b>Speed</b>                           | +++              | ++++       | ++++          | +     | +++   |
| <b>Resultant Sample Cleanliness</b>    | ++               | +          | +             | +++++ | +++++ |
| <b>Resultant Analyte Concentration</b> | +                | +          | +             | +     | +++   |
| <b>Selectivity</b>                     | +                | +          | +             | +++   | ++++  |
| <b>Solvent Consumption</b>             | ++               | +          | +++           | +++++ | ++    |
| <b>Possible Injections per Column</b>  | ++               | ++         | ++            | +++++ | +++++ |

**Table 4 -Relative Comparison Of Most Commonly Used Separation Methods**

| PARAMETERS                              | TLC | GC   | HPLC | CE   |
|---|-----|------|------|------|
| Resolution                              | +   | ++++ | +++  | ++++ |
| Clean sample requirement                | +   | ++++ | ++   | ++   |
| Potential sensitivity                   | +   | ++++ | ++++ | +++  |
| Need for derivatization                 | +   | ++++ | +    | +    |
| Different separation mode options       | +   | +++  | ++++ | ++++ |
| Available sensitive/selective detectors | +   | ++++ | ++++ |      |
| Automation                              | +   | ++++ | ++++ | +++  |
| System cost                             | +   | ++++ | ++++ | +++  |



**Figure 1<sup>16 17</sup> The Validation Time Line**



<sup>18</sup>**DQ:** vendor play an important role in DQ by support installation, service & training

AIQ is divided in to 4 main phases<sup>19</sup>:

- Design qualification (DQ) for setting functional & performance specifications.
- Installation qualification(IQ) for performing documenting the installation in the selected user environment
- Operational qualification (OQ) for testing the equipment in the selected user environment to ensure that it meets the previously defined functional & performance specifications.
- Performance qualification(PQ) for testing that the system consistently performs as intended for the selected application

### Validation Parameters<sup>20</sup>:

1) Specificity: It is the ability to assess unequivocally the analyte in the presence of components that may be expected to be present.[refer table6]

2) Accuracy & Precision: Represents an agreement between measured and theoretical values .5 samples per concentration should be used to validate. Mean value should be within 15% of the theoretical value coefficient of variation 15%. [refer table6]

3) Limit Of Detection (LOD) : Lowest amount of analytes that can be detected but not accurate/precise. Commonly 3:1 should be signal

to noise ratio or 3 times the standard deviation of the response divided by slope of the calibration curve. [refer table6]

4) Limit Of Quantification (LOQ) : lowest & highest concentrations that can be quantified with adequate accurate & precision. 10:1 S/N ratio .Here 10 times the SD of response divided by slope of CC.

5) Linearity And Range: linearity refers to directly proportional between response and analytes concentration. Commonly 5 to 8 concentrations are used for standard curve. Range refers to concentration between the low & high limit of quantification.

6) Stability: Stress studies performed by exposing the analytes to acid, base, heat, UV light to assess their stability.

7) Ruggedness: Refers to reproducibility under normal but variable conditions (different instruments, operators, labs, reagents)

8) Robustness: Refers to analytical methods ability to remain unaffected by small changes in operational parameters and in used to define acceptable tolerances.

9) Transferability & Revalidation: After method has been validated, it is ready to be transferred to other that will be using this method. Revalidation should be carried out in a reactive and proactive manner.

10) System Suitability: It is determined by checking a system to ensure system performance before and during.

**Table 2 - ICH Validation Characteristics**

| Procedure<br>Product<br>specification | ID test<br>Present/<br>absent | Quantitative<br>Limit test<br>≤20% | Qualitative<br>Limit test<br>≤5% | Content<br>Purity<br>≥80% | Content<br>range<br>40-60% |
|---------------------------------------|-------------------------------|------------------------------------|----------------------------------|---------------------------|----------------------------|
| Accuracy                              | No                            | Yes                                | No                               | Yes                       | Yes                        |
| Repeatability                         | No                            | Yes                                | No                               | Yes                       | Yes                        |
| Specificity                           | Yes                           | Yes                                | Yes                              | Yes                       | Yes                        |
| Linearity                             | No                            | Yes                                | No                               | Yes                       | Yes                        |
| Range                                 | No                            | Yes                                | No                               | Yes                       | Yes                        |
| LOD                                   | No                            | no                                 | Yes                              | No                        | No                         |
| LOQ                                   | no                            | Yes                                | No                               | no                        | No                         |

**Guidelines: ICH , FDA , AOAC , USP , ISO 9000, and ISO 17025**

It includes following:

Q1A (R2): Stability Testing of New Drug Substances and Products (Second Revision)<sup>21</sup>

Q1B: Photo stability testing of New Drug Substances and Products<sup>22</sup>

Q1C: Stability Testing for New Dosage Forms<sup>23</sup>

Q1D: Bracketing and Matrixing Designs for Stability Testing of Drug Substances And Drug Products<sup>24</sup>

Q1E: Evaluation of Stability Data<sup>25</sup>

Q1F: Stability Data Package for Registration Applications in Climatic Zones III and IV<sup>26</sup>

Q2A: Text on Validation of Analytical Procedures

Q2B: Validation of Analytical Procedures — Methodology

Q3A(R): Impurities in New Drug Substances (Revised Guideline)

Q3B(R): Impurities in New Drug Products (Revised Guideline)

Q3C: Impurities —Guideline for Residual Solvents<sup>27</sup>

.Q9: Quality Risk Management<sup>28</sup>

**Good Laboratory Practice (GLP)<sup>29</sup>**

Analytical lab should follow. GLPs for all preclinical drug development. GLP requirement for analytical laboratories include:

- ✓ Established and standard SOPs
- ✓ Use of labeled ,traceable reagents
- ✓ Maintenance of several requirements
- ✓ Having calibrated and maintained equipment 5) Documentation.

Attention of five steps of data acquisition for product analysis can help to focus on the goals of compliance activities

- ❖ Planning -→ Performing-→  
Monitoring-→ Recording-→ Reporting<sup>30</sup>

**Method Validation Protocol<sup>31</sup>**

A validation plan is a written plan stating how validation will be conducted, including test parameters, product characteristics, production equipment, and decision points on what constitutes acceptable results.

**Assumptions:**

- Selectivity has been measured & documented during the validation protocol
- The method has been developed and optimized with robustness being the first parameter investigated.
- Statistically valid approaches to evaluate & make decisions for removing the subjectivity of method validation.

The following stepwise protocol can be proposed for method validation

Linearity test → Repeatability test → Intermediate precision → LLOQ → LLOD<sup>32</sup>

**Conclusion**

Analytical technology leads to improvements in sensitivity & selectivity. Selection of tools based on nature of analytes, analytical goals (sensitivity, selectivity etc), sample matrix & sample stability. Tools should not be used blindly but analyst understands of theory, techniques, instrumentation and inherent limitations. Analytical methods need to be subject to appropriate method validation, including periodic instrument testing and calibration and should incorporate appropriate quality control measures. In addition, stability of analytes needs to be considered from time of sample collection through final analytical measurement.

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